

YOUR NEW FOOT ORTHOTICS NEED A LITTLE ATTENTION TOO!

We are happy that you chose Scott Larson Orthotics to provide you with Custom Foot Orthotics. Did you know that your custom foot orthotics can be the solution to your foot problems....and help relieve pain in other parts of your body as well? In order for you to get the most out of your orthotics, please review the care and usage instructions listed below...and remember, please contact us with any questions or concerns you might have. We are happy to help!

- » Please remember that your orthoses may require some adjustment after your initial fitting.
- » More than your normal walking activities should be avoided for the first two weeks after your initial fitting. Athletic or strenuous activity should be avoided during this period.
- » Check your feet daily for red spots, especially if you are diagnosed with diabetes or neuropathy.
- » Talk with your practitioner about appropriate and inappropriate footwear for your foot orthotics.
- » Cleaning your orthoses is required! Simply wipe down the top surface with rubbing alcohol and a soft clean cloth.
- » The lifespan of your new orthoses will depend on your activity level and weight.
- » Please schedule a follow-up appointment with your practitioner to have your orthoses checked about 6 months after initial delivery.

Thank you again for choosing Scott Larson Orthotics to provide you with your custom foot orthoses! We look forward to working with you and are confident your foot orthoses will provide you with the relief and comfort you need!
