

TAKING CARE OF YOUR NEW CUSTOM TLSO

Your new TLSO (thoracic-lumbo-sacral orthosis) has been designed and fabricated for you alone. It is truly “one-of-a-kind” and deserves special attention and care....just like you do!

Your TLSO is constructed from a combination of high quality materials and each requires slightly different care.

» Plastic Shell

Requires periodic cleaning with a mild soap and warm water solution and clean wash cloth. Avoid heavy abrasive scrubbing pads or aggressive cleaners. Regularly look and feel for sharp plastic edges which may dig into the skin. If found, mark area with a pen or “Sharpie” style marker and bring your TLSO in to be adjusted.

» Liner

Clean often with rubbing alcohol and a soft cloth. This will dry quickly and will disinfect the surfaces contacting your body.

» Velcro straps

Inspected often for wear. If a strap breaks, frays or loses “stickiness”, bring your TLSO in for replacement straps. TLSO should NOT be worn with broken straps or straps that don’t adhere well.

» Chafes or D-rings

Clean as needed with warm soap and water. If chafe or D-ring is missing, it should be replaced immediately.

DONNING, DOFFING AND SKIN CARE

» Closely follow the wear schedule given by your practitioner and/or physician. Be sure you know if you should wear your TLSO at night.

» Bathe daily.

» Wear snug-fitting socks, made of a “breathable” material, under your orthoses.

» Wear your TLSO as tightly as possible. A loose fit may lead to skin breakdown.

» Pay close attention to red or pink areas of the skin where orthotic pressure may be high. Skin should return to a “normal” color with 20 minutes of removing your TLSO.

» Any skin breakdown resulting in a blister or open sore should be reported to your practitioner immediately and the TLSO not worn again until you are instructed to do so.

Our goal is to provide you with a quality device requiring little or no maintenance or repair but simple fit adjustments are not uncommon for a custom device.

Thank you for the confidence you have placed in us by allowing us to fabricate this device for you or your loved one. We value that trust and will work hard to keep it. If you have any problems associated with this device, please contact our office immediately so we can address your concerns.

BUSINESS HOURS: MONDAY THROUGH THURSDAY 7:30 a.m. - 6:30 p.m.

PLEASE CALL FOR APPOINTMENT

Recommended Wearing Schedule:

_____ Consult prescribing physician

_____ As Follows: _____
